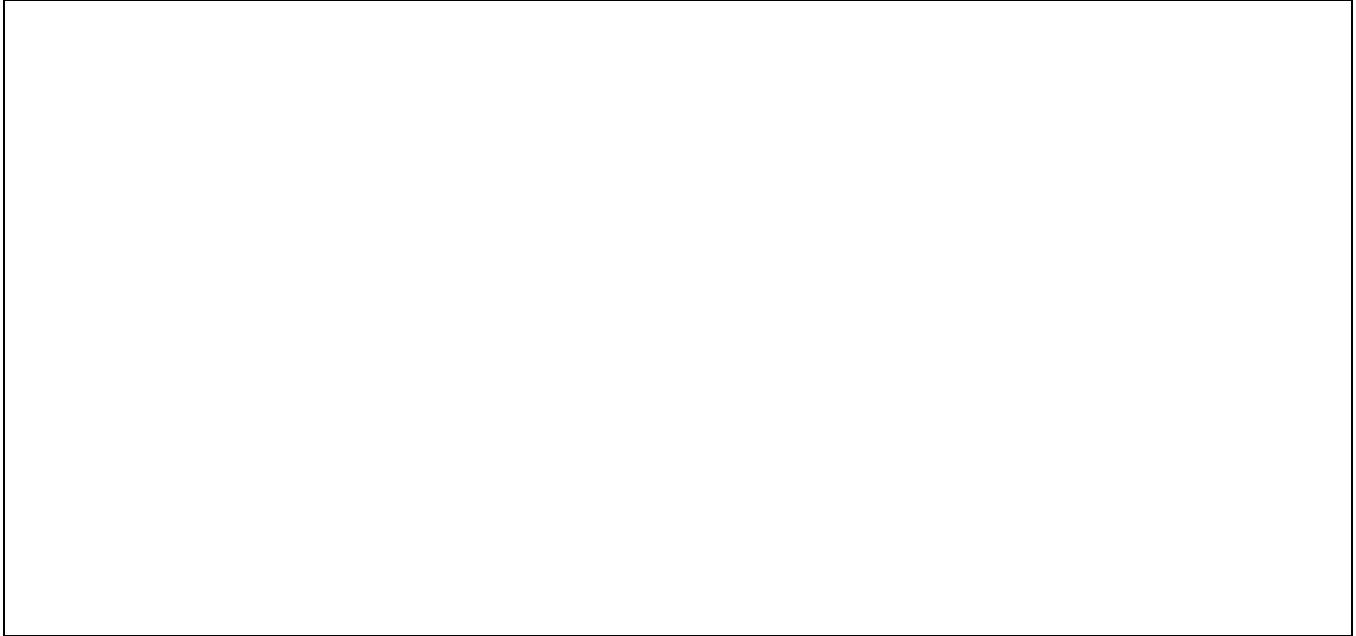
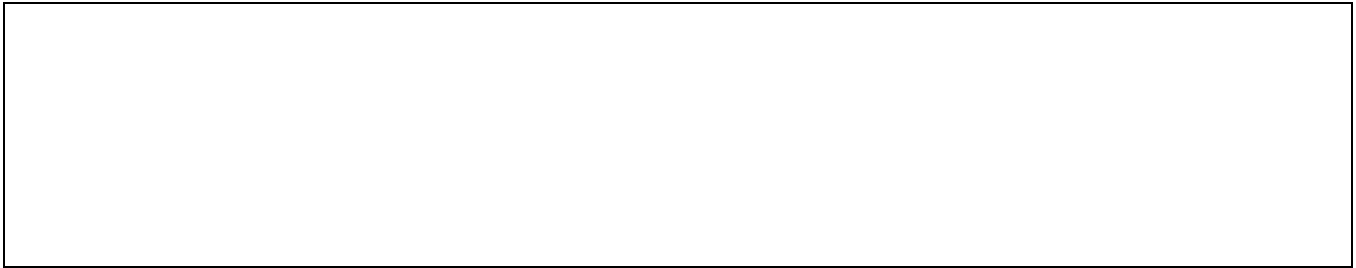


## Thanksgiving Response Page

St. Ambrose of Optina said, "We must begin with thanksgiving for everything. The beginning of joy is to be content with your situation." So, if we want to really have joy, we need to be content; and to be content, we need to be thankful. Let's begin: first, by beginning to be content by being thankful. What are you thankful for? In what ways do you already feel content? Write or draw about it here:



Is there anything in your life with which you are NOT content? Write or draw about it here:



Take a look at the thing(s) that you are not content with in your life. Begin the path to joy by thinking of ONE thing you are thankful about in that part of your life. What is that one thing?

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Today's secret message: (unscramble the mixed-up words)

utertaGid helps us enter into the ojoy of our rdoL.