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The Sunday of the Holy Cross helps us remember the Cross of Christ. It also reminds us to pick up our own cross and carry it, no matter how hard that will be. God used the cross to bring us eternal life, so we love the Cross! And we love Christ because even though He is God, He is also human like us. That means that He knows what it is like to do hard things. He showed us how to do what is right all the way to the very end of earthly life. Today we celebrate the Cross because it has a very important part in our salvation. Decorate this cross. You can carry it with you if your family has a procession at home!

